



Isaiah House Day Program

75 Hanover Place, NW

Washington, DC

202-797-8806 ext 1068

Program Description

Isaiah House is a supportive environment for adults whose lives have been impacted by homelessness as well as by severe and persistent mental illness. Isaiah House participants are some of the most vulnerable adults in our city.

SOME believes that appropriate day program services, designed to enhance an individual's resilience, can reduce the degree of vulnerability that these adults experience and ultimately contribute to breaking the cycle of homelessness and poverty that they face.

The Isaiah House Day Program has three primary components: Drop-in Services, Psychosocial Support, and Membership. The core of all three activity areas is a supportive, strengths-based approach to working with vulnerable adults.

Drop-in Services

Most homeless individuals are "on the street" for at least 12 hours a day if all day and night. If they are staying in a shelter, they are likely to be on the street during the daytime. The Isaiah House drop-in services provide an important place where homeless individuals to bathe, eat, wash laundry, make phone calls, meet with, or get access to supportive resource people like a case manager, and engage in positive social activities with others.

Psychosocial Support

Adults that experience severe and persistent mental illness, and individuals impacted by homelessness do better when they have appropriate social support during the day. These supports are provided in the Isaiah House day program through group work, positive individual interactions with staff and peers, social activities, and an expectation that participants will join staff to keep the Isaiah House environment clean, safe and welcoming. Isaiah House staff members, interns and volunteers also engage through supportive one-on-one conversations

SOME Mission Statement

SOME exists to help the poor and homeless of our nation's capital. We meet the immediate needs of the people we serve with food, clothing, and health care. We help break the cycle of homelessness by offering services such as affordable housing, job training, addiction treatment, and counseling to the very and the elderly.

and helping participants get and use community resources. Licensed clinical staff can also provide therapy on a short-term basis as a further means of support.

Membership

The core of the Isaiah House day program is peer support and positive involvement one's peers and the Isaiah House staff of SOME employees, interns and volunteers. Many Isaiah House participants have been coming on a daily basis for several years. These participants have shown that they identify with the program and have the capacity to provide leadership to peers. These participants become Isaiah House members through a transparent process involving staff and peers, based on the recommendations. As a members, this group of Isaiah House participants work closely with staff to plan program social activities, to take care of administrative duties, help with food preparations, lead peer groups and provide a welcoming hand-up to drop-in and other newer Isaiah House participants.

Isaiah House philosophy of Continuity of Care

Isaiah House program activities proceed from the belief that each individual can guide the care that they receive. Working from a strengths-based perspective, the staff and participants together shape a plan for each participants care at Isaiah House. We also support participants to advocate with psychosocial needs that they have. These empowering activities can also enhance an individual's resilience.

Isaiah House staff is also available to coordinate with case managers, community support workers, families and friends of the participants in our Day Program. The space at Isaiah House is well suited for meetings between participants and their outside support agency, family or friends, and outside workers on site. Particularly for the homeless adults that come to Isaiah House for Drop-in or other Day Program services, support workers from community and public agencies are more than welcome to meet with their clients on site and thereby cut down on time and effort lost to tracking someone down on the streets.

Hours of Operation

Isaiah House is open Monday – Friday, 8am – 2:30pm for participants, and staff are available until 4pm each day. Individuals can drop-in or call for information and get a tour! We are located at 75 Hanover Place, NW (between New York Avenue and “O” Street NW). The Isaiah House phone number is 202-797-8806 extension 1068.